

**Remembering Mary Kay**  
Mary Devlin (August 2008)

Three couple longways

Tune: "Waltz for Mary Kay" © 1989 by Liz Donaldson

A1

- 1-4 1s long cast to middle place (2s meet, lead up & turn away into top places)
- 5-8 1s long cast to bottom place (3s meet, lead up & turn away into middle places)

A2

- 1-8 Bottom couples (1s & 3s) double figure 8  
(1s cross up, 3s down outside)

B

- 1-4 Top couples (2s & 3s) mirror back to back (3s up outside to start); middle man turn over right shoulder to face down for...
- 5-8 All single file circle right 1/2 and face across in lines
- 9-12 Top couples joining nearer hands, set and link *while* bottom couple set and turn single right
- 13-16 All two-hand turn partner 1 1/2 to end on proper side

End in 3-1-2 order

Notes:

A1 – the casts are “heart-shaped” (as in “Hole in the Wall” transition from B2 into A1)

A1 – Teach the 3s transition into double figure 8. At the end of A1 3s lead up and turn out into middle place. The turn is best done as big loop timed so dancers can move directly into the double figure 8.

A2 – Teach the 3s transition from double figure 8 into mirror back to back. They need to time their figure 8 so they can dance up the outside directly into the back to back.

B – May need to prompt the single file circle to help everyone remember to join in.

B – Set and link: Nearer hands joined with neighbor alongside, set right and left to partner and then trade places with neighbor. People in 1st diagonal positions turn over right shoulders up or down middle of the set to trade; people in 2nd diagonal positions cast over right shoulders up or down the outside to trade. Another way to describe this: Set, people on the right of neighbor cast up or down to trade with neighbor and those on the left dance up or down the inside and into neighbor's place. Key: those on the right travel on the outside and those on the left travel on the inside.

Set and link is a Scottish country dance figure.

Inveterate dancer and dance leader Mary Kay Friday died too soon on March 17, 2001.

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Tune is published in “Rain in the Desert and Other Tunes” by Liz Donaldson and in “The Waltz Book II” collected and edited by Bill Matthiesen. Recorded on “Terpsichore: Scottish Dance Music” by Elke Baker and Liz Donaldson.